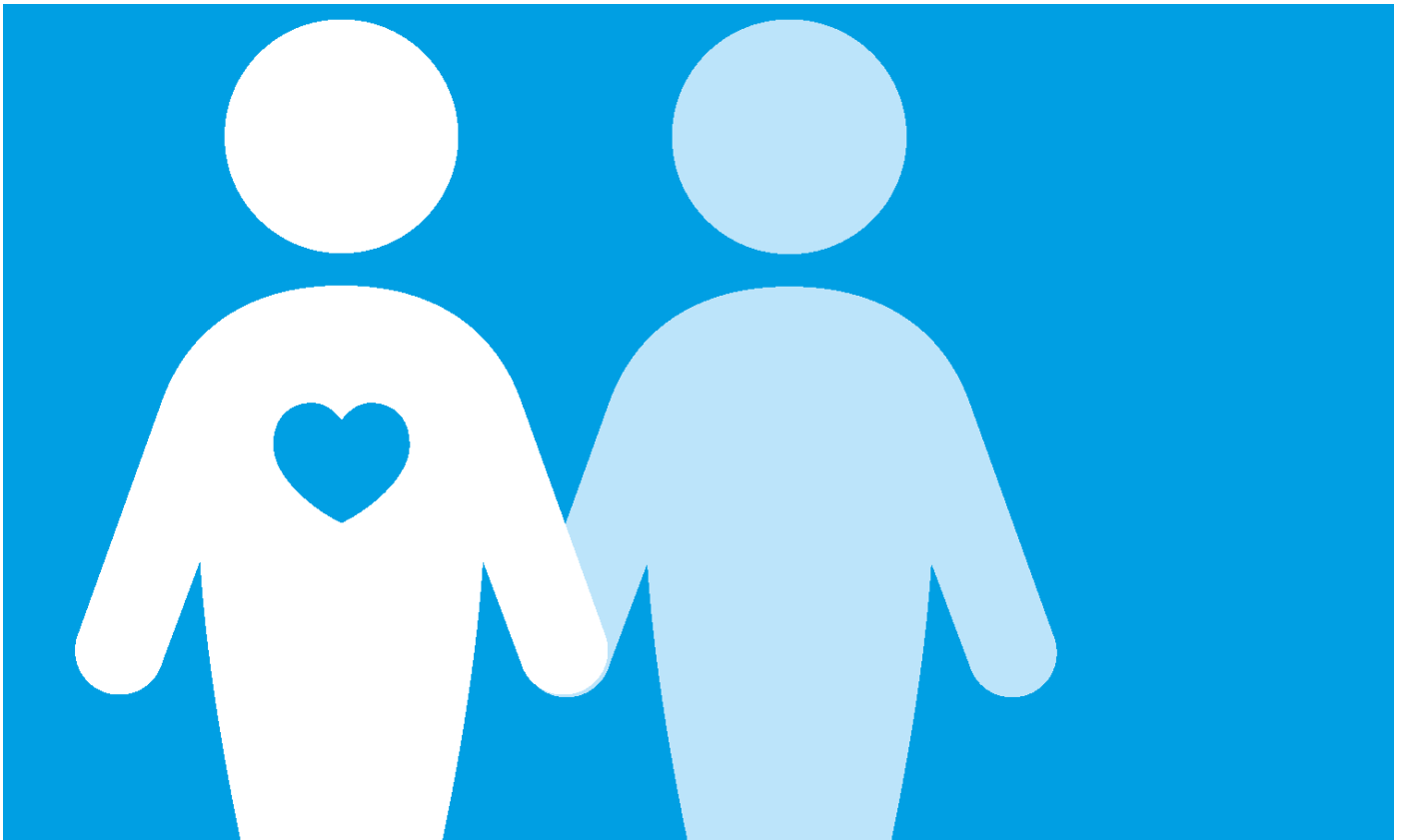


East Riding Volunteer Befrienders Needed



Talk, laugh and make a difference in your community

Our Volunteer Befrienders provide regular friendship visits or telephone calls with the aim of reducing the feelings of social isolation and loneliness.

For more information on becoming a Volunteer Befriender, contact the Befriending Team:

**Age UK Hull, Silvester House, Silvester Street, The Maltings, Hull HU1 3HA
01482 324644**

**hello@ageukhull.org.uk
www.ageuk.org.uk/hull**